

Community Outreach:

“Fun in Recovery” program, Chrysalis Women’s Shelter in Oakland

A good friend of Michele Charles runs the “**Fun in Recovery**” program at **Chrysalis Women’s Shelter in Oakland**. It’s a treatment center and shelter for women who struggle with addiction, mental illness, homelessness and more. There are typically 11-15 women there at a time. More information can be found at:

<https://www.horizonservices.org/chrysalis/>

Lee has found that it brings the women joy to do each other’s nails, as well as sketching and journaling. The program could use some supplies. Since May is Mental Health Awareness Month, it would be timely to support this program. Can you help by donating the following items?

- \* Nail Polish (*New, unopened bottles, fun colors appreciated, Opi and Essie brands preferred*)
- \* Nail Polish Remover (*non-acetone, if possible*) \* Cotton Balls \* Files / nail cutters
- \* Gel or felt tip pens \* Journals or sketch books

**Deadline for donations: June 2nd following 10:30am service**

Questions: Reach out to Michele Charles at 650-745-6928 or [michelecharles777@gmail.com](mailto:michelecharles777@gmail.com). Thank you in advance for your generosity.